

Your Values

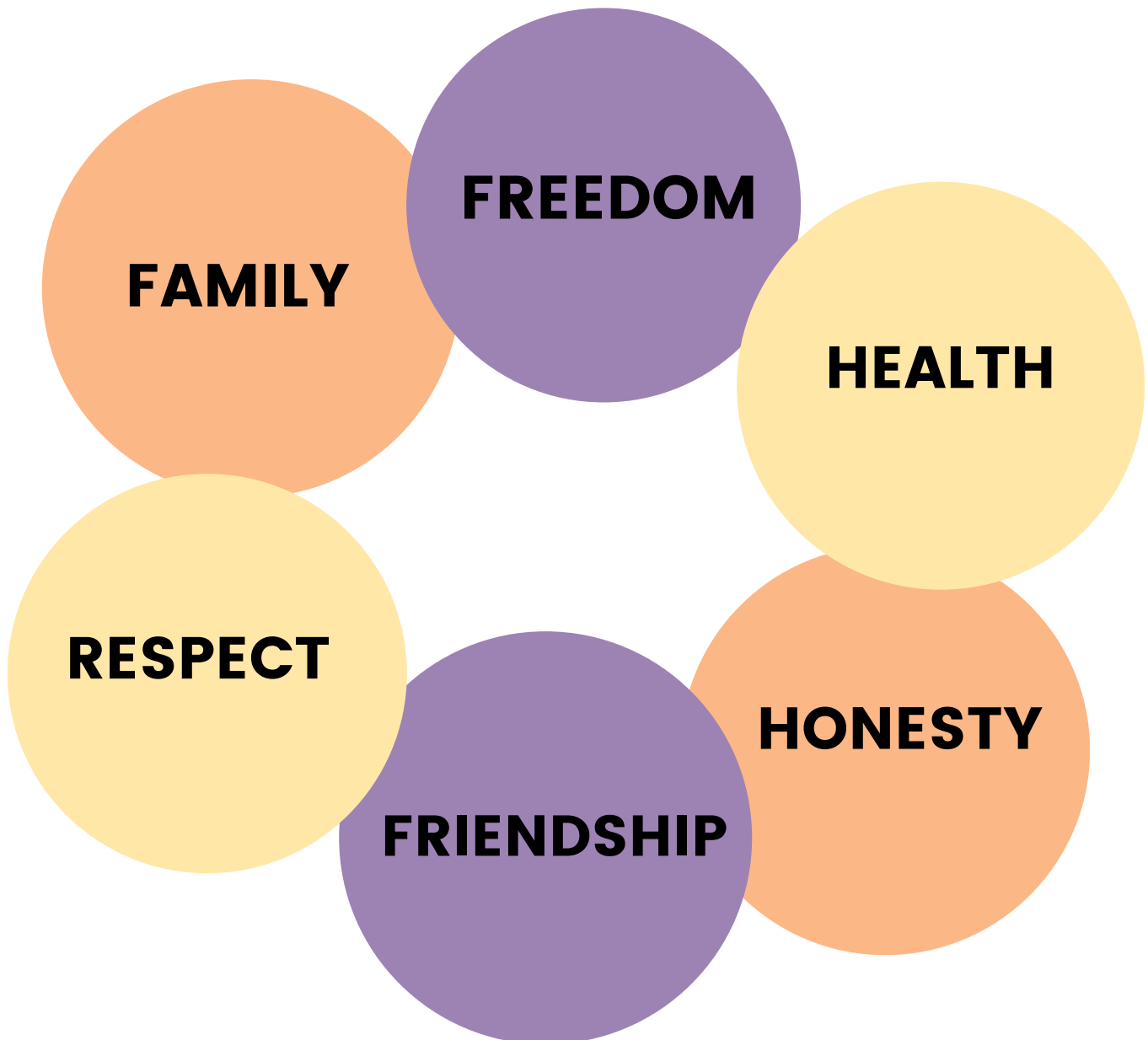
Creative Collage Activity



What are Values?

- Values reflect what is important to us in life.
- They are beliefs that guide the choices we make.

Examples of things people value





List Your Values Activity

Take a few minutes and list your values.



How to Make a Collage

- A collage is a work of art made from magazines, newspapers, photographs, fabric, and much more.
- Collages are a fun way to experiment with shapes, design, and even texture.
- Let your creativity fly and use your imagination to make amazing art.

Materials Needed:

- Construction paper
- Magazines
- Newspaper
- Glue
- Scissors



Step 1



Select a piece of paper for the background.

Step 2



Search through magazines and newspapers for words or pictures that show what you value.

Step 5



Spread a little bit of glue on the back of each image before you press it onto the paper.

Step 6

Once your collage is dry put it on display.



Reflection Questions

- When somebody says “just be yourself,” what does that mean?
- Why is it important to know your values?
- Is it sometimes hard to live by your values?
- How do your values guide the choices you make?