

Self-Advocates of Minnesota



SAM is a network of self-advocates, advisor, allies, friends, family, and professionals-led by self-advocates. The main focus of the group is to build a statewide network to help people with developmental disabilities know their rights through personal and group action.

The Council gets together once a month for meetings and can participate in other activities. The members of the council elect officers who run the monthly meetings. The council also elects two self-advocates to become part of the leader circle representatives who then brings our needs and issues to work on creating a statewide agenda.

What we do each year the grant is in place:

- Three trainings on personal empowerment, leadership development and know your rights.
- Three trainings on system change, government policy, voting and civic engagement.
- Talk about disability in our society- self-advocacy movement and civil rights.
- Educate the public through letters to the editor, press releases, and presentations.
- People 1st Minnesota does three trainings on personal empowerment, disability awareness, and systems change.
- Participate in the State Leadership Circle meetings.
- Host a Conference.

If you would like more information or to become a representative, please contact:

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