



Arc Cooks is a cooking series created by self-advocates and allies of people with intellectual and developmental disabilities. During the COVID-19 pandemic, people are cooking at home more. These recipes help inspire and teach.



Milton's Soda Cake

Ingredients:

- 1 box yellow cake mix
- 1 16-ounce bottle diet Sprite or 7-Up
- 1 8-ounce tub of fat free cool whip
- 1 package sugar free and fat free lemon pudding



Instructions:

1. Empty the cake mix into a large bowl.
2. Stir $\frac{1}{2}$ to $\frac{3}{4}$ (8-10 oz) of the diet soda into the cake mix.
3. Pour this mixture into a baking dish.
4. Bake according to directions.
5. In a separate bowl, combine the other $\frac{1}{4}$ cup of diet soda with the dry pudding mix. Mix with an electric mixer.
6. Add 2 cups fat free cool whip to the pudding mixture.
7. Let the cake cool.
8. Frost the cake with the cool whip/pudding mixture.

