



The Arc Minnesota

Coaching Series:
Likes & Dislikes



Think about your past employment. What did you like about that job? What didn't you like? Those answers can help you find the right job!

Go for jobs that you will like. Stay away from jobs with tasks that you don't like.

My past job: _____

Things I liked

Things I didn't like

My past job: _____

Things I liked

Things I didn't like