Background pattern

Description automatically generatedA group of people dancing

Description automatically generatedBackground pattern

Description automatically generatedA group of people dancing

Description automatically generated

ILLUSTRATIONS: FREEPIK

Logo

Description automatically generated

Move & Groove

FITNESS TRACKER

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Move & Groove

WHAT ARE SOME OF YOUR FAVORITE

ACTIVITES TO GET ACTIVE?

ACTIVITY

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2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
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ILLUSTRATIONS: FREEPIK

Logo

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Move & Groove

FITNESS TRACKER

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Logo

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ILLUSTRATIONS: FREEPIK



Move & Groove

WHAT ARE SOME OF YOUR FAVORITE ACTIVITIES TO GET ACTIVE?

ACTIVITY

1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
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Logo

Description automatically generated

ILLUSTRATIONS: FREEPIK